



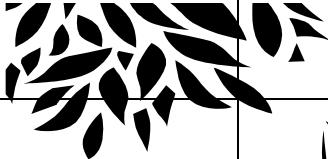
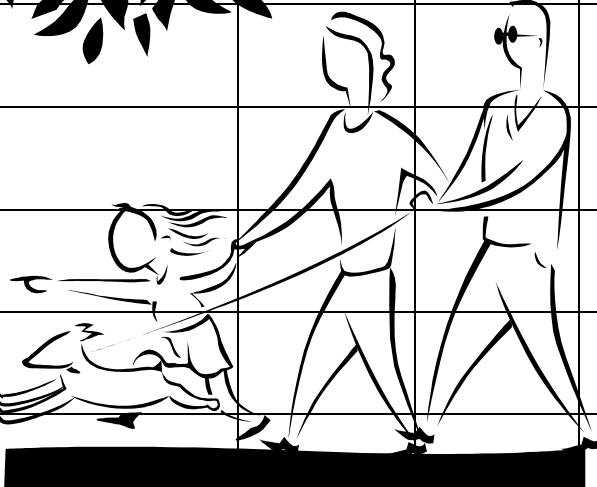




**Urban Spirit Foundation**  
**2012 Sponsored Friendship Walk**  
 On Thursday, June 21, Aboriginal Day  
 11:00 am start time

Participant's First Name and Last Name: \_\_\_\_\_ Telephone # or email: \_\_\_\_\_  
 I plan to walk at least \_\_\_\_\_ miles for Urban Spirit Foundation. The walk will be from Vancouver Friendship Centre to Trout Lake Community Centre (approximately 2 miles). (See more info on 2<sup>nd</sup> page.)

**Info to give to your Potential Sponsor:**

I am participating in the Urban Spirit Foundation Sponsored Walk. All proceeds will help fund USF Core Programs (education/training, secondary/postsecondary scholarships and bursaries, and poverty relief projects).

You can sponsor me for an amount per mile or you can name a maximum amount that you are willing to contribute. After the sponsored walk, I will return to tell you how many miles I walked and collect your contribution. Make cheques to *Urban Spirit Foundation*. All donations over \$20 will receive a tax receipt (please provide name and address for this near your name). Thank you!

	Name of Sponsor and Address (if requiring a tax receipt for amounts over \$20)	Pledge per mile (Example: \$5.00/mile)	OR Maximum Pledge (amount in dollars)	Amount Collected from Sponsor	Business Matching Pledge Amount (if any). List names and contact info on the back of this form
1					
2					
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<b>10</b>					
<b>11</b>					
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<b>19</b>					
<b>20</b>					

**Participants:**

To reach our goal, we hope that each participant finds **10** sponsors. Please ask everyone who pledges if their company will provide a matching gift fund. Notify by email or telephone to Elaine Clare or Lucie Lacaille (info below) that you will be a walkathon participant. Then register for the USF Friendship Walk with *Elaine* or *Lucie* at USF table on the day of the sponsored walk – Thursday, June 21, 2012 – at the pancake breakfast between 9:00 am to 11:00 am before the walk starts. All completed pledge forms and total payments may be brought to the USF table at Trout Lake Aboriginal Day location or contact Elaine or Lucie for further instructions.

*Contact Info:*

**Urban Spirit Foundation**

108 – 100 Park Royal

West Vancouver, BC V7T 1A2 Telephone: 604-913-7933 and ask for Lucie Lacaille or Elaine Clare

Email: Lucie at [lucie@urbanspiritfoundation.com](mailto:lucie@urbanspiritfoundation.com)

Elaine at [elaine@urbanspiritfoundation.com](mailto:elaine@urbanspiritfoundation.com)

[www.urbanspiritfoundation.com](http://www.urbanspiritfoundation.com)

Fax: 604-913-7938